

The Roots of Zen

Instructor: Bev Forsman

syllabus

week #1

What is Zen?

*Class: To discover the root, with a sprinkling of history and heresy
Yaoshan's Clouds and the Water Jar*

week #2

The Buddha, The Heart of the Teachings

"Be a light unto yourself"...

"Being so won't do, not being so won't do. What about you?"

week #3

Wisdom I ... Councils, heresies, & controversies of *nonbeing*

Mistaken views of existence and impermanence

week #4

Wisdom II ... Going beyond: Mahayana texts

... "all dharmas are marked with Emptiness" ...

week #5

Conduct ... Living in Vow

Codes of conduct: as motive or merit: Yaoshan's Useless Utensils

Meditation ... Open Interest

From altered states to Shikantaza: Misunderstandings & controversy

week #6

Bodhidharma, Huineng

A discussion on lineage and a few "biographies"